



Short-Term Disability Case Management Program: Control costs associated with employee disability benefits

The Short-Term Disability Case Management program is designed to control costs associated with employee disability benefit by monitoring the medical necessity of the disability claim and/or request for leave under the Family Medical Leave Act (FMLA). Employees are educated about treatment options, and are guided toward appropriate physician consultations.

Optimal levels of wellness and progress are targeted for employees through facilitating appropriate health services. An assessment of the employee's progression is completed to monitor the medical necessity for continuation of absence. By collaborating with physicians, other providers, and the employee, the nurse case manager maintains communication and coordination regarding patient healthcare decisions. The goal is to decrease fragmented care, to promote quality cost-effective outcomes, and to expedite the employee's safe return to work.

Maintaining rapport and communication with the employee and the treatment team regarding delivery of healthcare services positively impacts recovery goals and outcomes. By objectively discussing the care plan with the employee and treatment team, potential problems can quickly be identified and adjustments can be made to insure goals are appropriate, understood and being met.

The program goal is to minimize costs associated with extended non-work related accidents or illnesses and recommend appropriate levels of temporary, transitional, or permanent light duty for employees.



Services include:

- Control of disability benefits
- Coordination of healthcare services
- Engaging employee in treatment
- Returning to work
- Review of care for medical necessity

Please contact Medicus at 610-372-8471 for more information on the Short-Term Disability Case Management Program.



50 Commerce Drive
Wyomissing, PA 19610
Phone: 610.372.8417
Fax: 610.371.0310